

# Ring size guide

Ring sizing is tricky! This guide is made to help – but I highly recommend going to a local jeweler and getting sized in person.

#### Before measuring - confirm printed paper size.

Before printing this document, ensure that page scaling is set to 100%. If the length of the top bar on the measure exactly 40 mm (4 cm) you are good to go!

#### How to use Moonbirds ring size guide

1. Print the ring size guide (page 2) and check scale on the left 2. Place a pre-owned ring on the closest matching sized circle on the Ring Size Chart on page 2. The inner edge of the ring should be perfectly aligned with the outer edge of the circle. This will be your ring size.

3. If the ring falls between two sizes, order the larger size.4. If needed compare your result to the International Conversion Chart on page 3.

#### How is the size of my fingers affected?

When measuring, it is important to remember that certain factors can affect the fingers, making them larger or narrower than normal. During hot summer days, the fingers can swell and become larger, and in the middle of the coldest winter, they often feel narrower. Even during the course of a day, the fingers can change, and many people find that the fingers get bigger towards the evening. Our "finger size" constantly changes. It can be attributed to doing activities or temperature change. Each finger is a different size, and most of the time the fingers on your right hand are about half a size bigger than your fingers on your left hand.

#### How should the size feel?

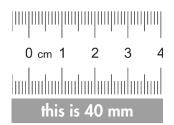
Your ring should be large enough to handle when the finger is at its largest, but not so large that you risk losing it on a cold winter's day.





### Ring size finder

- Place the ring that fits you (oor the one who will receive the ring) over the circles below
- Make sure that the inside of the ring lines up with the outside of the circle
- If you are between sizes, order the larger size
- Before printing this document, ensure that page scaling is set to 100%. If the length of the top bar on the measure exactly 40 mm (4 cm) you are good to go!









## Ring conversion chart

Inside Diameter	Scandinavia	US	UK	Japan
14 mm	44 (14)	3	F	4
14,5 mm	N/A	3,5	G	5
15 mm	47 (15)	4	Н	7
15,3mm	48 (15,3)	4,5	I	8
15,6 mm	49 (15,6)	5	J	9
16,2 mm	51 (16,2)	5,5	К	10
16,6 mm	52 (16,6)	6	L	11
16,9 mm	53 (16,9)	6,5	Μ	13
17,2 mm	54 (17,2)	7	N	14
17,8 mm	56 (17,8)	7,5	0	15
18,1 mm	57 (18,1)	8	Р	16
18,5 mm	58 (18,5)	8,5	Q	17
19,1 mm	60 (19,1)	9	R	18
19,4 mm	61 (19,4)	9,5	S	19
19,7 mm	62 (19,7)	10	Т	20
20,4 mm	64 (20,4)	10,5	U	22
20,7 mm	65 (20,7)	11	V	23
21,0 mm	66 (21,0)	11,5	W	24
21,6 mm	68 (21,6)	12	Х	25
22,0 mm	69 (22,0)	12,5	Y	26
22,3 mm	70 (22,3)	13	Z	27
22,9mm	72 (22,9)	13,5	Z+2	N/A
23,2 mm	73 (23,2)	14	Z+3	N/A
23,6	74 (23,6)	14,5	Z+4	N/A